

# The Bridge



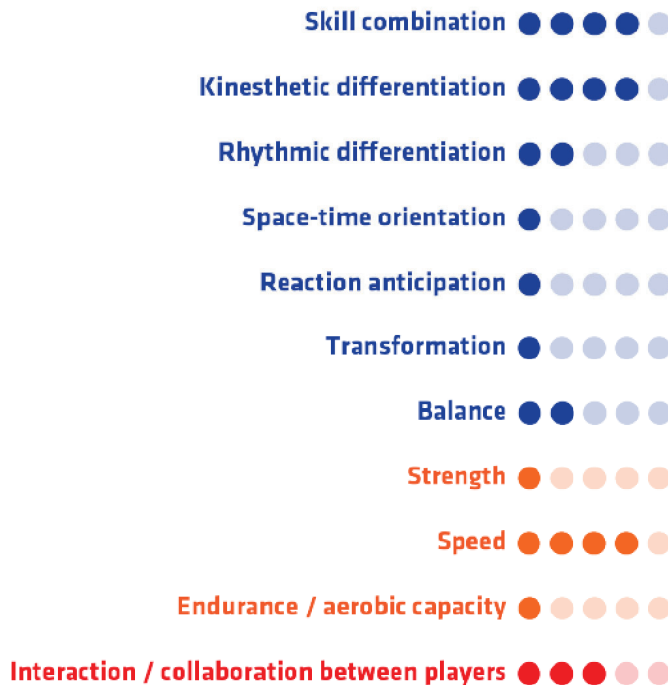
## THE GAME

The two teams line up in single row, with the players 4-8 m apart. To facilitate the positioning of the boys, two rows of Chinese markers can first be placed on the ground as reference points. The first of each row has the ball in his hand and on the "go" of the instructor he/she throws it to the closest teammate who, after receiving it, turns and passes it to the teammate who will pass it on until it reaches the last player of the row.

The latter will give way to a series of steps in the opposite direction. If passing the ball to the teammate who follows, he is skipped due to a wrong throw or catch, the ball must immediately return to the one who failed to catch it and continue his course.

The team that first returns the ball to its starting point, after it has been passed to all the members, without having missed any, wins.

## DEVELOPED SKILLS



## SPECIFICATIONS

Quick catching and throwing,  
behind the back feetwork

Level of skill required



Number of players:  
minimum 3 players per team



Material:  
rubber balls, cones

## VARIANTS

To increase the degree of difficulty, once the ball has returned to the first in the row, the players all move down one place and the last one runs to fill the place vacated by the first in the row. The team that first returns all players to their starting position wins.

Additionally, use any type of ball, with different diameter and weight characteristics. Depending on the ball chosen, vary the distance between the players.

## SUGGESTIONS

- Make the players change positions in each round so that everyone has been once at the beginning, at the end and in the middle of the row.
- The ideal number for this game is four players per team. To change position it will be enough that whoever is in the middle passes to the ends and vice versa.