

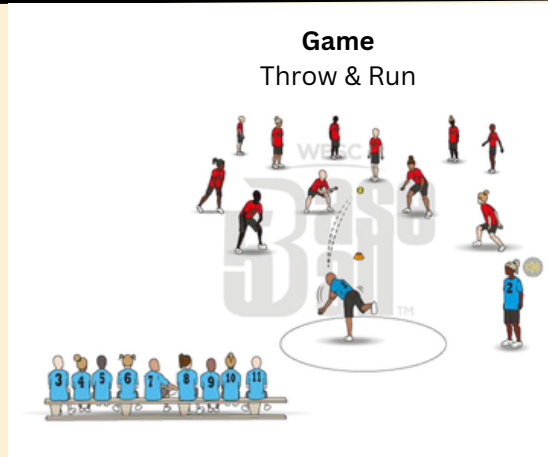
Grade 4 Curriculum Goal Suggestions

Strand C:

Students will perform a variety of controlled static balances and transitions between balances, using a variety of body parts and shapes, at different levels, individually, and with partners and equipment

Explanation:

If the offensive player can complete the lap (home plate – cone – home plate) before one of the defenders have lifted the ball over his or her head, the offensive team will have scored a run. If one of the defenders lift the ball over his or her head before the batter has finished his or her lap, the batter will be out (thus, return to the bench without scoring the run).



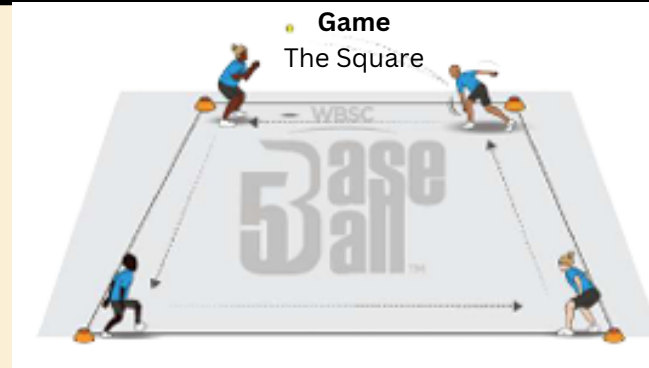
Page 16 in the Baseball 5 Toolkit

Strand A:

This strand focuses on the development of students' social-emotional learning skills to foster their overall health and well-being, positive mental health, and ability to learn, build resilience, and thrive. This activity will specifically promote, **Positive Motivation and Perserverance, Healthy Relationships and Critical and Creative Thinking.**

Explanation:

Teams of 4 pass a ball around a square, completing a set number of laps. A fifth player can be added in the center to increase difficulty. Teams can be timed—fastest team wins.



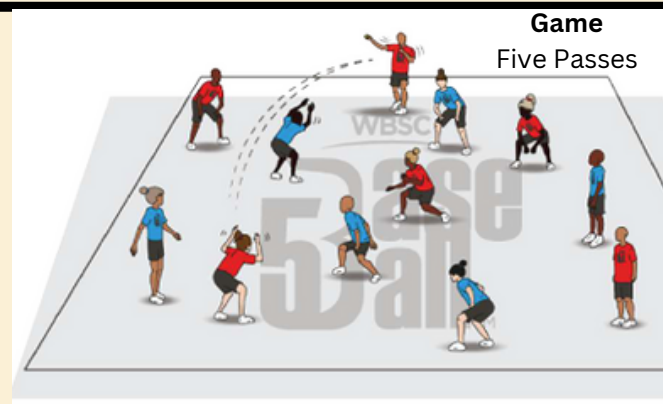
Page 46 in the Baseball 5 Toolkit

Strand B: (Safety)

Demonstrate behaviours and apply procedures that maximize safety and lessen the risk of injury, including the risk of concussion, for themselves and others during physical activity (e.g., cooperating with others, monitoring their own actions and maintaining control of their bodies and equipment

Explanation:

Two teams play by passing the ball five times without drops or interceptions to score a point. Players can't move with the ball and must throw to teammates. If the ball is dropped or intercepted, possession switches. First to the set score wins.



Page 52 in the Baseball 5 Toolkit



Softball Ontario Contact:
Troy Moffitt
tmoffitt@softballontario.ca

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